

This is a “do it while you watch TV or listen to the radio” kind of project—it takes some time, but the results are worth it (especially when you stand beneath it with someone you love)!



Mistletoe Kissing Ball

DESIGNER: AMANDA CARESTIO



WHAT YOU NEED

Templates (page 3)

Basic sewing kit (page 3)

Green felt (for flower petals)

Red felt (for flower centers)

Foam sphere, 6 inches
(15.2 cm) in diameter

Straight pins

Green gingham ribbon,
10 inches (25.4 cm)

WHAT YOU DO

- 1 Cut 3-inch-wide (7.6 cm) strips from the green felt. Fold one strip in half width-wise, and place the flower petal template on the fold. Pin in place or trace, and cut out each flower shape. You'll need about 200 to 250 flowers.
- 2 Trace the flower center template shape onto the red felt and cut out. You'll need as many flower centers as you have flowers.
- 3 Stack one flower center on top of one flower petal shape, and place it on the foam sphere. Stick a pin through the center.
- 4 Continue adding flowers around the entire felt shape, layering and overlapping the flowers as you go.
- 5 Fold the ribbon in half. Find a spot between two flowers, and pin the ribbon ends to the foam sphere, using several pins for added strength.



Basic Sewing Kit

sewing machine

scissors

pinking shears

rotary cutting tools (optional)

straight pins

hand sewing needles

embroidery needles

iron

ruler

craft glue

fabric glue

fabric pen

tissue or tracing paper

Template

copy at 100%

