



LARK JEWELRY  
& BEADING



# SHRINK! SHRANK! SHRUNK!

MAKE STYLISH SHRINK  
PLASTIC JEWELRY



KATHY SHELDON  
coauthor of *Fa la la la Felt*

# CONTENTS



**8** INTRODUCTION

**10** SHRINK PLASTIC BASICS

## **THE PROJECTS**

**26** Tiger Lily Earrings

**29** Flower Power Necklace & Ring

**32** Springtime Francie Earrings

**34** Bucket and Shovel Brooches

**36** Seven Treasures Earrings

**39** Russian Doll Set

**42** Lighthouse Necklace

**45** Woodland Creatures Bracelet & Earrings

**48** Mexican Oilcloth Necklace

**50** Origami Plane Earrings

**52** Simple Circle Necklace

**54** Bollywood Earrings

**57** Not-Your-Grandmother's Cameos

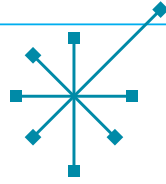
**60** Pinkie Swear Necklace

**62** High Tea Charm Bracelet

**64** Bird Silhouette Bracelet

**66** Stamped Brooch

**69** Laurel Necklace



- 72** Cascading Words Necklace & Bracelet
- 76** Spot-of-Tea Brooches
- 78** Cat and Milk Brooch
- 80** Sweetheart Necklace
- 83** Paper Plane Ride Necklace
- 86** Birds-on-a-Wire Necklace & Earrings
- 89** Shaped Flowers Earrings
- 92** Blooming Flowers Bracelet
- 95** Rainy Day Necklace & Ear Threads
- 98** Calla Lily Earrings
- 101** Orla Earrings
- 104** Wrap-Around Unicorn Ring
- 106** Polka Dots Earrings & Bracelet
  
- 110** TEMPLATES
- 125** ABOUT THE DESIGNERS
- 128** ACKNOWLEDGMENTS
- 128** ABOUT THE AUTHOR
- 128** INDEX





# PAPER PLANE RIDE

*Necklace*

designer STASIA BURRINGTON



# PAPER PLANE RIDE

## Necklace

Template (page 120)

Basic shrink kit (page 12)

White or clear inkjet shrink plastic

Computer

Inkjet printer

Craft knife

1/8-inch (3 mm) hole punch

Sealer (Stasia uses clear nail polish.)

Four 3-mm silver jump rings

Silver chain, 18 inches (45.7 cm) in length

Silver lobster clasp

**A** little careful cutting is all you really need to do to create this origami-inspired pendant. Let your imagination take flight!

- 1 Scan the paper airplane template into a document on your computer. Print the image onto the inkjet shrink plastic at both the slowest and highest quality settings. (See page 22 for more on printing on inkjet shrink plastic.)
- 2 The ink will be slightly tacky and can easily smear, so set the freshly printed plastic aside to air dry in a safe place for at least 5 minutes, preferably longer.
- 3 Preheat your oven, following the shrink plastic manufacturer's instructions. (Stasia bakes her earrings at 300°F [150°C].)
- 4 It's easiest to cut out the areas around the ribbons before cutting the entire image from the shrink plastic. Use a craft knife with a sharp blade for these, take it slowly, and you'll do just fine. Then cut out the rest of the image using scissors.
- 5 Use the hole punch to punch a hole at the dot near the front of the paper plane.
- 6 Place the piece between two sheets of parchment paper on a baking sheet. Bake according to the shrink plastic manufacturer's instructions. (Stasia baked the piece shown for 3 minutes.) If the piece starts to curl, don't worry—read *Oh, No! It's Curling!* on page 20. As soon as the piece comes out of the oven, while it's still warm and a little soft, press it with something flat and smooth, such as a hardcover book. Let it cool completely.





- 7** Carefully sand the edges if needed, and then apply the sealer to the front of the piece. (You may want to test any sealer first to make sure it won't make the printed ink run.)
- 8** Cut the silver chain into two 9-inch (22.9 cm) lengths.
- 9** Use one jump ring to attach one length of chain to the hole in the baked pendant. Use another jump ring to attach the second length of chain to the space between the ribbons (use the photo for reference).
- 10** Attach a jump ring to the end of one length of chain. Use the final jump ring to attach the lobster clasp to the end of the other length of chain.



PAPER PLANE RIDE NECKLACE  
page 83

### *Basic Shrink Tool Kit*

**Straightedge or ruler**

**Sandpaper (300 to 400 grit)**

**Scissors**

**Small curved scissors**

**Hole punches (in various sizes)**

**Oven or toaster oven**

**Parchment paper**

**Baking sheet**

**Potholder or oven mitt**

**Flattener (smooth heavy object)**

**Sealer**

**Round-nose pliers**

**Flat-nose pliers**

**Chain-nose pliers**

**Wire cutters or flush cutters**

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## FAST, FRESH, AND FUN SHRINK PLASTIC JEWELRY!

Popular with kids for decades, shrink plastic is back and all grown up as an exciting trend in jewelry making. You can now buy many types of shrink plastic in craft stores and online. Best-selling craft author Kathy Sheldon teaches you to draw, color, stamp, and even print designs and photos onto the plastic, cut or punch it into various shapes, and then shrink it in an oven, toaster oven, or with a heat gun. Add some basic findings, such as jump rings or ear wires, to make your own stylish jewelry. Sixteen leading jewelry designers and crafters present instructions for more than 30 gorgeous and inspiring projects—from fantastic necklaces and bracelets to cute brooches and rings—so you can take shrink plastic to a whole new level!

*“Shrink! Shrank! Shrunk!” provides all kinds of creative jewelry from shrink plastic that everyone will enjoy making and sharing!”*

—Betty J. Morris, Inventor of Shrinky Dinks

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